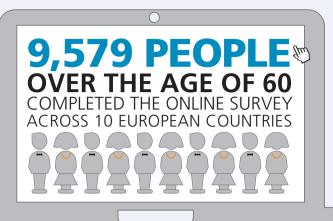
# THE 2014 EUROPEAN HEART VALVE HEALTH SURVEY





# IN THE UK, 1,005 OVER 60s

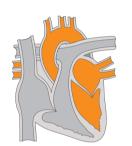
COMPLETED THE SURVEY DESIGNED TO:

- > Assess the awareness and understanding of heart valve disease
- Assess the level of concern of heart valve health
- Assess the frequency of heart health check-ups and stethoscope testing

Survey says...

## **LESS THAN 3%**

of the UK's over 60s are concerned about heart valve disease

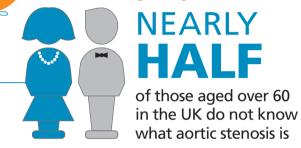


#### Facts say...

**HEART VALVE DISEASE** IS A PREVALENT AND **DEADLY CONDITION** WHICH AFFECTS MORE **THAN 1 MILLION** PEOPLE IN THE UK1

**OVER** 60

#### Survey says...



#### Facts say...

**AORTIC STENOSIS IS THE MOST COMMON FORM OF HEART VALVE DISEASE** AND IS THE HARDENING AND NARROWING OF THE AORTIC VALVE<sup>2</sup>

Survey says...

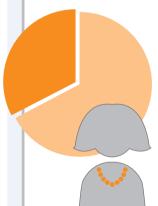
### OVER HALF

of people over 60 claim their doctor rarely or never checks their heart with a stethoscope



#### Facts say...

THE STETHOSCOPE IS ONE OF THE SIMPLEST **WAYS TO DETECT HEART VALVE DISEASE<sup>3</sup>** 



#### Survey says...

### Almost 1 in 3 people fear the impact

of heart valve disease on their ability to undertake daily activities



#### Facts say...

**HEART VALVE DISEASE** IS A DEBILITATING **CONDITION WHICH CAN SEVERELY DETERIORATE QUALITY OF LIFE** 



#### Survey says...

Nearly 1 in 5 would be more likely to seek medical advice on heart conditions if they were aware of less invasive treatment options

#### Facts say...

**HEART VALVE REPLACEMENT SURGERY** HAS BEEN PRACTICED FOR MORE THAN **50 YEARS AND IS SAFE AND EFFECTIVE.** 

**ON-GOING MEDICAL ADVANCES ARE GIVING RISE TO LESS INVASIVE** PROCEDURES WHICH ARE PROVIDING **NEW OPTIONS FOR MORE PATIENTS** 

# **SYMPTOMS OF HEART** VALVE DISEASE **INCLUDE:**



- Call to Action -

**Heart valve disease:** MISS IT, MISS OUT. If in doubt, get your heart checked out.

For further information on heart valve disease, visit

www.heartvalvevoice.co.uk

The survey was carried out by Opinion Matters, an international consumer research agency, and sponsored by Edwards Lifesciences

- 1. Office for National Statistics. Available at: <a href="www.statistics.gov.uk">www.statistics.gov.uk</a>. Accessed: 24 March 2014
- 2. Lindroos M et al. Prevalence of aortic valve abnormalities in the elderly: an echocardiographic study of a random population sample. J Am Coll Cardiol. 1993; 21(5):1220-5.
- 3. Heart valve disease. Bupa. http://www.bupa.co.uk/individuals/health-information/directory/h/heart-valve-disease Accessed: 24 March 2014.