

# HEART VALVE DISEASE IN THE UK



## DID YOU KNOW...

1.5M

people over the age of 65 are currently affected by the condition, and this figure is expected to rise to 3.3 million by 2056, representing a 122% increase<sup>1</sup>



Heart valve disease is a **common, but treatable**, heart condition where the heart valves no longer work properly



The ageing population is one of the most significant trends of our time<sup>2</sup>

→ **14.9M** people in the UK are aged 60 and above<sup>3</sup>

→ There are more people in the UK aged 60 and above than there are under 18<sup>3</sup>



1950 2000 2050



Number of people affected by heart valve disease is set to increase, so we need to

**#TackleValveDisease** now

BREATHLESSNESS

DIZZINESS

CONCERNED ABOUT ANY OF THESE SYMPTOMS?

Common symptoms include:

CHEST PAINS

TIREDDNESS

Ask your healthcare professional to listen to your heart with a stethoscope



## REFERENCES

1. d'Arcy JL, et al. Large-scale community echocardiographic screening reveals a major burden of undiagnosed valvular heart disease in older people: The OxVALVE Population Cohort Study. *European Heart Journal*; First published online: 26 June 2016 <http://dx.doi.org/10.1093/eurheartj/ehw229>  
 2. United Nations Population Fund. Topics. Ageing. Available at: <http://www.unfpa.org/ageing>. Accessed 5 August 2016.  
 3. Later life in the United Kingdom. Age UK. June 2016. Available at: [http://www.ageuk.org.uk/Documents/ENG8/Factsheets/Later\\_Life\\_UK\\_factsheet.pdf?dtrk=true](http://www.ageuk.org.uk/Documents/ENG8/Factsheets/Later_Life_UK_factsheet.pdf?dtrk=true) Accessed 5 August 2016

# NEW FOOTBALL CHECK-UP PROGRAMME TO TACKLE VALVE DISEASE KICKS OFF THIS DECEMBER



Heart Valve Voice is joining forces with football clubs and heart hospitals around the UK to listen to the hearts of:



- FANS
- PLAYERS
- LOCAL COMMUNITY



Healthcare professionals use a STETHOSCOPE to listen for a heart murmur

One of the **simplest** ways to diagnose heart valve disease



**72%** of UK over 60s say doctor rarely or never checks their heart with a stethoscope<sup>4</sup>



Over **47M**

fan attendances at premier and championship matches during 2014/15 season<sup>5,6</sup>

## OVER 55? JOIN US FOR A FREE HEART HEALTH CHECK

at one of the following matches and learn more about the signs and symptoms that could save lives:



SUNDAY 4 DECEMBER

Everton vs Manchester United

SATURDAY 10 DECEMBER

Brentford vs Burton Albion

SUNDAY 11 DECEMBER

Southampton vs Middlesbrough

Please contact [info@heartvalvevoice.com](mailto:info@heartvalvevoice.com) to book in for an over 55s heart valve check-up



Together we can **#TackleValveDisease**

*The more we listen, the more lives we save*

Give your voice on our website to show your support:  
[www.heartvalvevoice.org](http://www.heartvalvevoice.org)

Give a voice



Heart Valve VOICE

4. Opinion Matters. Aortic valve stenosis – What do people know? A Heart Valve Disease Awareness Survey of over 8,800 people aged 60 or over. Survey carried out 28/09/2015 – 12/10/2015. Data on file. Survey funded by Edwards Lifesciences.  
 5. Premier League 2014/2015 Attendance. World Football. Available at: <http://www.worldfootball.net/attendance/eng-premier-league-2014-2015/3/> Accessed: 5 August 2016.  
 6. Championship League 2014/2015 Attendance. World Football. Available at: <http://www.worldfootball.net/attendance/eng-championship-2014-2015/3/> Accessed: 5 August 2016